


BUKIT TIMAH PRIMARY SCHOOL
STRIVE FOR THE BEST

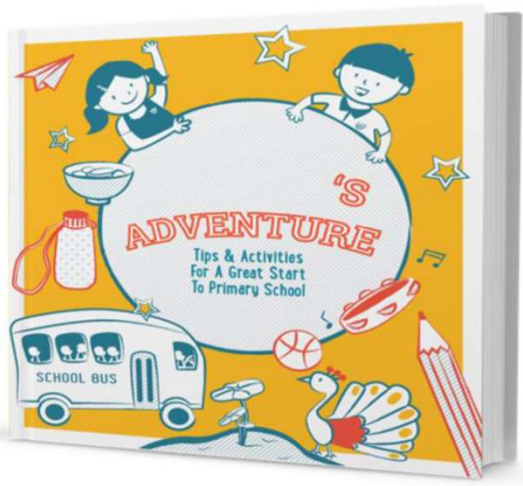


In the Orientation package ...

FOR YOU & YOUR CHILD

**PARENT-CHILD
ACTIVITY BOOK**

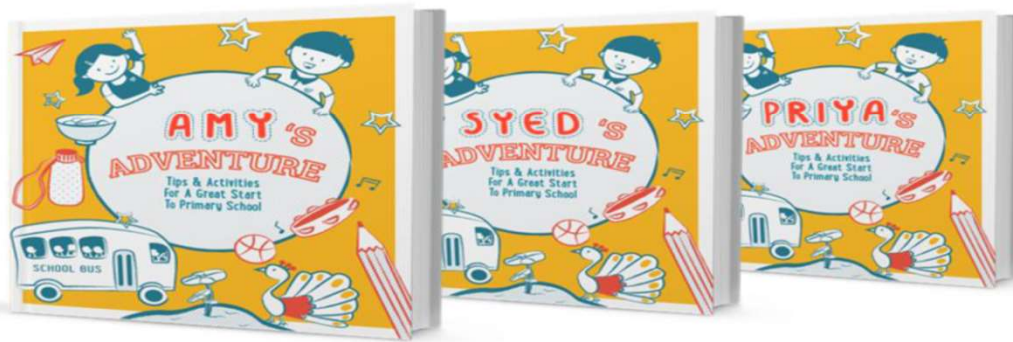
Tips & Activities for a Great Start to Primary School





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PERSONALISE THE COVER!



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TIPS FOR PARENTS

10 tips to help you navigate your child's first year in primary school




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ACTIVITIES TO DO TOGETHER


Chat with your child
Boost their confidence
Practise various scenarios
Create something interesting
Thank others for their help
Pledge to do things together




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TRANSITION TO PRIMARY 1



**New friends
and teachers**



New routines



New learning environment



WHAT IS IT LIKE IN SCHOOL?



Subjects taken at P1

1. English Language (EL)
2. Mother Tongue Language (MT)
3. Mathematics (MA)
4. Social Studies (SS)
5. Art
6. Music (MU)
7. Physical Education (PE)
8. Health Education (HE)
9. Programme for Active Learning (PAL)
10. Character and Citizenship Education (CCE)



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Approach to Teaching and Learning




BTPS Philosophy

Every child has intrinsic worth. They can learn and achieve when given the right environment and support.

Level Vision “Start it Right” – independent students who are gracious and respectful


Use of journaling across subjects

- Inquiry-based Learning – Thinking Routines (**IBL-TR**)
- Character Building – Well being Routines (**SEL-WR**)




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School Key Programmes for P1




- ❖ **Applied Learning Programme (ALP)**
 - Inquiry-based Learning – Thinking Routines (IBL-TR)
- ❖ **Learning for Life Programme (LLP)**
 - Music for Everyone - Building Resilience and Empathy
- ❖ **P1 Orientation Weeks**
 - Development of skills & routines
- ❖ **BTPS Inspire**
- ❖ **Programme for Active Learning (PAL)**
- ❖ **P1 Day**




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HOW CAN I PREPARE MY CHILD FOR PRIMARY 1 ?



- 1) Relating to others
- 2) Developing good habits
- 3) Nurturing positive learning attitudes
- 4) Creating a conducive learning environment at home



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1) RELATING TO OTHERS



Build your child's interpersonal skills by:

- Modelling the use of friendly and polite phrases
 - "Hello! My name is... what is your name?"
 - "May I please..."
- Providing opportunities for your child to share and take turns during playtime with other children.
- Teaching them coping mechanisms (e.g. deep breaths, quiet corner, stop-think-do) to enable them to manage their emotions.



Check out page 34 - 38 of the PCAB for activities on making friends.

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2) DEVELOPING GOOD HABITS



Routines help children learn to manage themselves.

Guide your child to do the following independently:


- Keep to a regular bedtime
- Make healthy food choices
- Pack their bag
- Dress themselves
- Buying food at the canteen



Help your child commit to doing some of these independently when they are ready. Check out page 59 - 61 of the PCAB

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3) NURTURING POSITIVE LEARNING ATTITUDES



Developing the right learning attitude in your child will help them to transit smoothly into the learning routines in primary school.

You can encourage your child to:


- Ask questions about their experiences and the world around them.
- Express their thoughts and feelings about and discuss what can be done if they have worries.
- Practice life skills independently (e.g. buy food and drink on their own, ask for permission etc).

Check out page 39 - 54 of the PCAB for activities that will help your child develop a positive learning attitude.



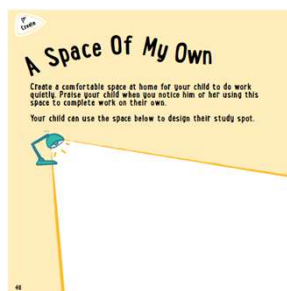
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4) CREATING A CONDUCTIVE LEARNING ENVIRONMENT AT HOME





Set up a conducive home environment so that your child can learn both at home and in school:

- Encourage your child to learn English and their Mother Tongue, through picture books, language games or songs.
- Set aside space in your home where your child can read and finish their homework.



Check out page 46 of the PCAB for an activity to help you create a conducive learning environment at home.

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School Website


<https://bukittimahpri.moe.edu.sg/>


- Virtual Tour of Bukit Timah Primary School
- E-mail addresses of all the teachers and Key Personnel

Parent's Gateway

<https://youtu.be/PCM5o8jAncc>

- Messages from Form/Subject teachers, Year Head and School

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First Day of School in 2022

4 January 2022 (Tuesday)

More details will be sent via Parents Gateway during the last week of Dec 2021.



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P1 Orientation Weeks

4 Jan – First Day of School

- Form Teachers (FTs) to bring the P1 students to be familiarised with the school environment

Week 1 (5 Jan – 7 Jan)

- Prefects to bring your child into the school from the school gate
- P4 buddies assigned to help P1 students to buy food at the canteen
- P4 buddies to give assurance and guidance
- FTs to teach routines and Self-management Core Skills

Week 2 (10 Jan – 14 Jan)

- FTs to teach routines and Self-management Core Skills



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Thank you!

